

We intend to submit the following manuscript to your attention for publication as original article:

**PHYSICAL ACTIVITY AND HEALTH-RELATED QUALITY OF LIFE IN
SCHOOLCHILDREN: STRUCTURAL EQUATIONS ANALYSIS**

by

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We consider the information contained in the manuscript to be of great interest to the readership of *Anales de Psicología*. The manuscript contains novel and confirmatory work and has not been published elsewhere. It has been approved by all of the authors and by the institution where the work has been carried out. It examines associations between two important aspects of behaviour (diet and physical activity) and quality of life and self-esteem. No study has yet investigated the implications of both Mediterranean diet adherence and physical activity on aspects of health-related quality of life. The present research is therefore novel and has potentially far-reaching implications for children psychological health.

We hope that is suitable for publication on *Anales de Psicología*.

Yours Sincerely

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